

# GENERAL SCHOOL SUPPLIES LIST

- \_\_\_\_\_ Daily Planner (freshmen and sophomores)
  - \_\_\_\_\_ 2 or more 3-ring binders with index tab dividers
  - \_\_\_\_\_ Lined and graph paper
  - \_\_\_\_\_ Pencils and pens
  - \_\_\_\_\_ Spiral notebook(s)
  - \_\_\_\_\_ One Bible (NIV)
  - \_\_\_\_\_ Ruler (standard and metric)
  - \_\_\_\_\_ Colored pens, markers or pencils
  - \_\_\_\_\_ 100 3x5 note cards (200 if enrolled in Japanese I & II)
  - \_\_\_\_\_ Pre-Algebra, Algebra & Geometry: compass, protractor, straight edge & scientific calculator
  - \_\_\_\_\_ Advanced Algebra, Pre-Calculus & Calculus: scientific calculator TI83 required or TI84 is preferred, USB Solid State Memory Drive (i.e. Thumb Drive, Flash Drive, Memory Stick).
  - \_\_\_\_\_ Recommended for freshmen and sophomores: "Writers Inc. - A Student Handbook for Writing and Learning," by the Write Source Education Group ([www.greatsource.com](http://www.greatsource.com), or used is okay – check Powell's Books).
  - \_\_\_\_\_ Recommended for all juniors and seniors: "Write for College" Handbook, by the Write Source Education Group (same source as above)
  - \_\_\_\_\_ Suggested for college-bound juniors and seniors: MLA Handbook for Writers of Research Papers (most current edition), pub. by MLA of America, NY (new or used-check Powell's Books or a local college bookstore).
- DELIVER TO OFFICE:
- \_\_\_\_\_ Two boxes of tissues are required (for teachers to bring to classrooms)
  - \_\_\_\_\_ Emergency Preparedness Kit

## Emergency Preparedness Kit

Families are asked to provide a kit of materials for each student to be used in case of an emergency. Containers should be water tight, stackable, clear, durable and compact – around 4.5 quart size. The container must be marked clearly both inside and outside with the child's first and last name and have the **Emergency Information** form taped inside the container.

Please check for expiration dates and purchase food that will last the ten months of storage.

- Ready to eat canned meats, fruits, vegetables, juices and soup- pop top lid preferred- avoid flimsy containers.
  - High-energy foods (i.e.: peanut butter, jelly crackers, nuts, health bars, trail mix, cheese and crackers)  
Please avoid freeze dried foods as water will likely be limited.
  - "Comfort" foods
  - Two 30-gallon size garbage bags
  - Disposable utensils
  - Band Aids
  - Feminine hygiene supplies
  - Emergency Blanket- available in camping sections at Fred Meyer, GI Joe's
  - Current photograph of student
  - **Emergency Information** form
- |   |
|---|
| Family photo/ letter                    |
| Soft pack tissues                       |
| Small packet of towelettes for cleaning |
| 3 day supply of medicine                |
| Flashlight/batteries                    |

These forms must be completed. Tape one form securely inside the container of your student's Emergency Preparedness Kit and return the other form to the high school office.

**EMERGENCY INFORMATION**

Portland Lutheran School  
740 SE 182<sup>nd</sup> Ave. Portland OR 97233 503-667-3199

Student \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Home address \_\_\_\_\_

Home Phone \_\_\_\_\_ Birth date \_\_\_\_\_

Doctor's Name and Phone \_\_\_\_\_

Medical Concerns (medications, allergies [include food allergens], asthma, diabetes, etc)

Out-of-State Contact: Name and Phone \_\_\_\_\_

Persons allowed to pick child up (positive ID required). List additional names on the back if needed

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